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50 RESCUE PLANS

Pages in quadruplicate

Confined Space

Entry Permit



CONFINED SPACE ENTRY BY PERMIT ONLY

TREATMENT WHILE SUSPENDED



First Aid and Treatment

Call 000 Immediately if you notice any of the following symptoms

- **Faintness**
- **Breathlessness**
- Nausea
- **Dizziness**
- **Sweating**
- Low blood pressure
- **Paleness**
- **Unconsciousness**

If hanging in harness and conscious



Tell the person to lift their legs and/or pump their leg muscles.



Use their trauma straps (if fitted).





You can lower down a rope to help lift their legs.



If hanging in harness and unconscious



Use your rescue plan. Get them down as quickly as you can.



Once rescued — if the person is conscious

Place the person in a comfortable position, ideally lying down.



Reassure them.



remove harness.



Give oxygen (if available).



Monitor Breathing

LOOK for the chest moving up and down.

LISTEN for air from the mouth and nose.



FEEL for movement of the chest.

Check for 'gasping' breaths.

Once rescued — if the person is unconscious but still breathing

Lie the person down on their side.



Loosen or remove harness.



Manage any other injuries.



Monitor Breathing

LOOK for the chest moving up and down.

LISTEN for air from the mouth and nose.

FEEL for movement of the chest.

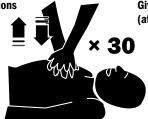
Check for 'gasping' breaths.

Once rescued — if the person is unconscious but NOT breathing

Lie the person down. Loosen or remove the harness. **Start CPR** immediately.



Give - 30 compressions (in 15 seconds)



Give - 2 breaths (at normal breathing rate)



110012

Date: /

Number:

.....

Signed:

PEOPLE AUTHORISED TO ENTER			Trained	Entry		Exit		
CONFINED SPACE			Time	Signed	Time	Si	gned	
(Person In Control)				:		:		
(Standby Person)			:		:			
				:		:		
				:		:		
				:		:		
EXPECTED HAZARDS OF SPACE				☐ Fumes or ga	ISSES	☐ Explo	sive environm	ent
☐ Unsafe oxygen levels ☐ Risk of engulfment				☐ Airborne Co		☐ Manual handling		
□ Slips / Trips / Falls □ Heat / Cold				□ Poor lighting		☐ Steam / Water / Gas		
☐ Biohazards ☐ Mechanical / Ele			trical	□ Noise levels				
Other:		•		L		1		
VENTUATION METUOD					D.J.S.			
VENTILATION METHOD	Natural 🗆	Purging	□ Inert	ing 🗆 Other	Details:			
(P.P.E.) REQUIRED		ring Protection		☐ Safety Glasses		□ Gloves		
□ Protective Clothing □ Harness/Lifeline				☐ Suitable Fo	otware	☐ Breat	hing Apparatı	IS
☐ Safety Helmet	Other:							
ISOLATION REQUIRED F	FROM Need	ed Initial	Time	ISOLATION	REQUIRED FRO	IM Nee	eded Initial	Time
Water / Gas / Steam				Mechanical / Ele	ctrical Drives			
Fire Extinguishing Systems				Sludge / Deposits / Wastes				
Chemicals / Substances				Grains / Dust / Chips				
Other:				Other:				
Isolation method:		Locks / Tag	gs fixed to isolatio	n points 🗆				
OTHER CHECKS Hot Work Permit Required? YES / NO				Intrinsically Safe Equipment Needed? YES / NO				
DA Danisina do MEC (NO C	Signs/Barricades Up? YES / NO			Fire Fighting/Protection Equipment Need				
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Authorised by:

Confined Space Entry Permit

Time:

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Work Is Authorised for: Date:

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