

WORK SAFELY AT HEIGHTS POWERPOINT WORKBOOK



RIIWHS202E

Work Safely
at Heights



Learner name: _____

Student number: _____ Date: _____

Contents

Introduction to work safely at heights	5
Safety at work	11
Working at heights	37
Hierarchy of prevention of falls	59
Step 1 – Work on the ground	63
Step 2 – Passive fall prevention devices	71
Step 3 – Work positioning systems	89
Step 4 – Fall arrest systems	95
Step 5 – Ladders and administrative measures	149
Clean up	165
Acknowledgements	

Introduction to Work safely at heights



Safety at work



Working at heights



Prevention of falls hierarchy of control measures



Step 1 - Work on the ground or solid platform



